

FACILITIES



MealTracker: Better nutrition management leads to better health outcomes

Effective nutrition management is key to your residents' care, but can come with challenges. MealTracker can help solve those challenges by integrating nutrition profiles in real time, ensuring tray accuracy, and reducing food waste.

Better manage food costs and menu development

MealTracker helps automate tasks to increase staff productivity, eliminate overproduction errors, and streamline menu planning.

- > Control food costs with daily production guides that detail usage to reduce waste, adjust meals based on food costs, and control purchasing with exact shopping lists.
- > Take advantage of built-in tools to make menu planning easy:
 - More than 4,000 standardized recipes and starter seasonal menus help meet residents' unique needs and eliminate third-party menu contracts.
 - Detailed tools let you create your own menus.
 - Menu development service offers one-on-one menu building sessions.

Built-in menus developed by experts

Our Menu Services feature includes menus created by registered dietitians. You'll have access to a four-week menu cycle that includes various therapeutic diets as well as regional themes. And after you import your selected menus, you can update them to meet the specific needs and preferences of your residents.

This flexibility means you can:

- > Improve resident satisfaction with meals, which helps improve outcomes
- > Streamline production using recipes that are nutrient analyzed and scaled, with therapeutic diet extensions
- > Reduce waste and control food costs with precise shopping lists for each recipe

Maximize revenue under PDPM

- > Quickly create concise and accurate reports to help ensure compliance with dietary orders.
- > Easily check for structured diet orders or mechanically altered diets to ensure consistency with EHR information and to comply with PDPM requirements.
- > Itemized features for enteral feeding, diabetic diets, and malnutrition capture key information for reimbursement.

Track critical nutrition needs and avoid malnutrition

Alert flags help you quickly identify, treat, and avoid malnutrition in your residents.

- > Assess resident nutrition needs and meet regulatory requirements using the elite nutrition feature to analyze menu and recipe details.
- > Evaluate exact nutrient intake to better manage supplementation and enteral feeding needs.
- > Track significant weight loss, gain, and obesity with tools that clearly support documentation and alert for malnutrition risk.
- > Help keep residents safe with appropriate food consistency adjustments that align with the latest guidelines from IDDSI.

"One of the advantages is that when the diet order is entered, we have the diet in the kitchen. So, there's real-time transactions happening versus waiting for that piece of paper to be walked down the hall."

Kari Robinson, assistant vice president of dietary services, National HealthCare Corporation



Providing residents the meals they want, in the way they need, at the time they prefer, can improve satisfaction, compliance, and outcomes while also saving staff time and reducing waste.

Exceed resident expectations and improve quality of care

MealTracker helps you manage residents' needs and preferences quickly and easily.

- > Capture menu requests and meal substitutions, preferences, assistive devices, and specialized diets.
- > Streamline residents' meal selections with user-friendly, mobile-capable features.
- > Drive resident safety with consistency alerts, allergy grouping, and accurate reporting.
- > Manage individualized meals, preferred dining location, and meal timing.

Track resident needs and preferences while boosting safety

MealTracker's Smart Selections™ feature offers a better way to manage resident meal selections. Smart Selections combines resident needs with previous selections and preferences,

and automatically makes adjustments based on the current menu and resident needs.

These new features help both residents and staff in several ways, including:

- > Resident safety. Changes to a resident's profile automatically invalidate existing meal selections and update them to help ensure changing nutritional needs are met.
- > Resident satisfaction. Smart Selections uses previous choices as preferences when profile changes occur. This means you can balance residents' choices and while ensuring meals are safe and appropriate.
- > Ease of use. Since Smart Selections runs automatically, staff will not need to clear previous resident selections.
- > Smart Selections retains residents' previous selections and preferences so those menu options can still be served if they are available and appropriate.

Integrate nutritional data from your EHR

- > Link resident nutrition details into MealTracker using real-time integration designed to be HL7-compliant.
- > Eliminate dual data entry and manual transcription to save nursing and diet staff up to an hour a day. Improve accuracy with critical data matching between your EHR and MealTracker.
- > Automatically share diet details upon resident admission to help eliminate delays, reduce the risk of harmful conflicts with food allergies, and monitor weights.

Minimize waste and manage food costs

MealTracker can help reduce food waste and keep costs under control with:

- > Exact count production sheets
- > Detailed shopping lists
- > Food item usage reports

Our shopping and inventory feature quickly shows what items need to be purchased for each day's menu, calculates the amount needed and evaluates that amount against your current inventory. Food costing tools can be used with daily or weekly menus, or by food item.



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