



MealTracker

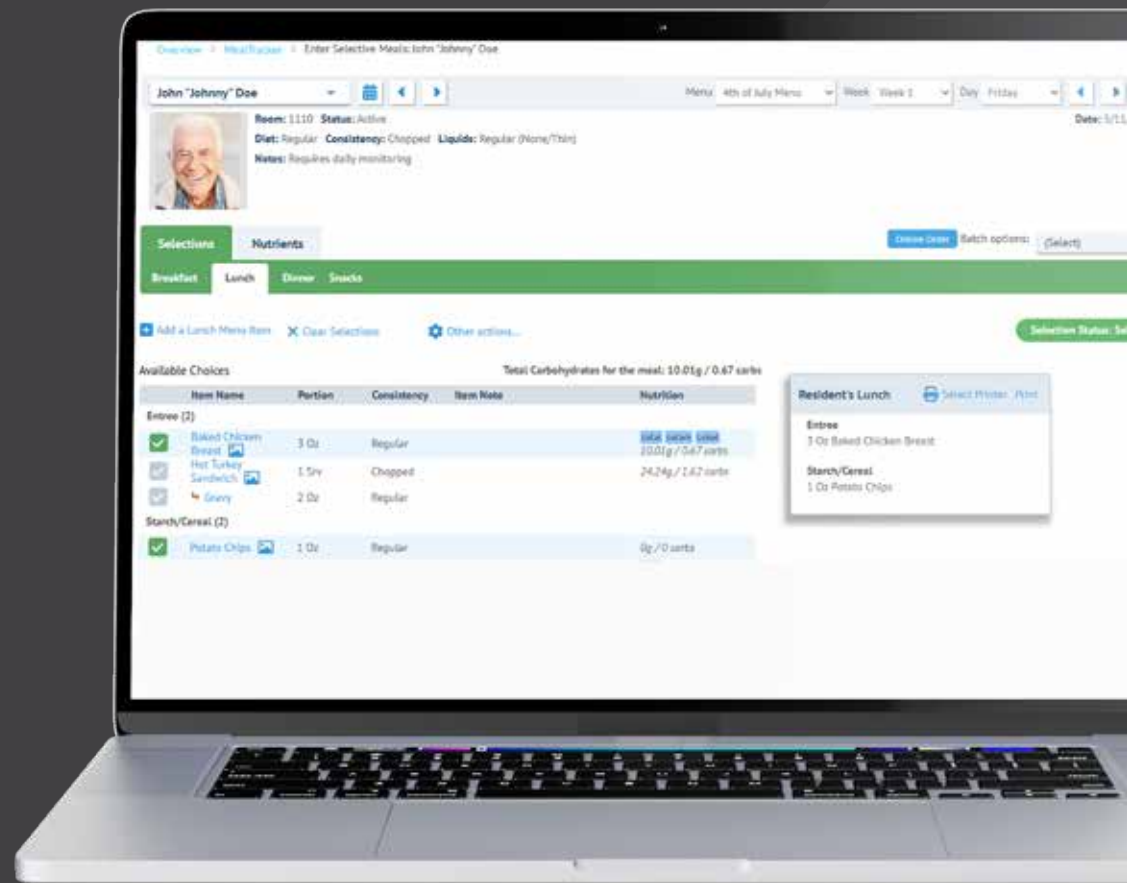
Streamline and personalize nutrition and dining with MealTracker

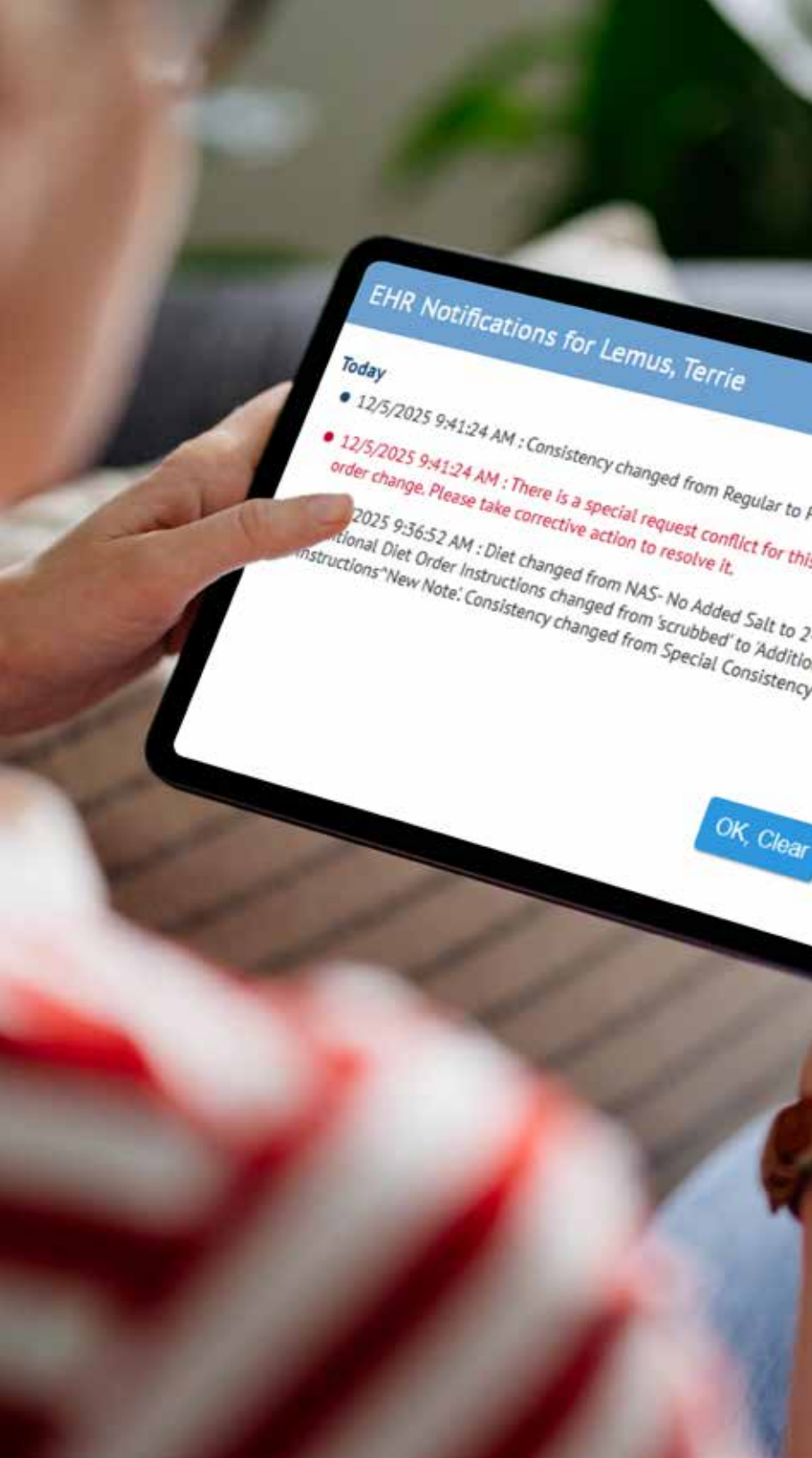
Support accurate dining, resident satisfaction, and operational efficiency while easing the burden on your team



MealTracker helps senior care teams bring resident nutrition, preferences, and dining operations together in one connected workflow.

With real-time nutrition profiles and tools that support personalized meal service, teams can provide residents with the meals they want, the way they need, and at the time they prefer, helping improve satisfaction, support dietary accuracy, and strengthen dining outcomes while saving staff valuable time.





Stronger visibility into critical nutrition needs

Alert flags help teams quickly identify and address residents who may be at risk for malnutrition.

- > Assess resident nutrition needs and help meet regulatory requirements using the elite nutrition feature to analyze menu and recipe details
- > Evaluate exact nutrient intake to better manage supplementation and enteral feeding needs
- > Track significant weight loss, gain, and obesity with tools that support documentation and alert for malnutrition risk
- > Support resident safety with food consistency adjustments aligned with the latest IDDSI guidelines

Easier management of resident preferences

MealTracker's Smart Selections™ feature offers a better way to manage resident meal selections while supporting dietary accuracy.



- > Update meal selection automatically when a resident's profile changes to support unique nutritional needs
- > Use previous selections as preferences to help balance resident choice with updated dietary needs
- > Minimize the need to clear previously made selections manually
- > Support automated menu adjustments through detailed resident profiles



Smarter menu development

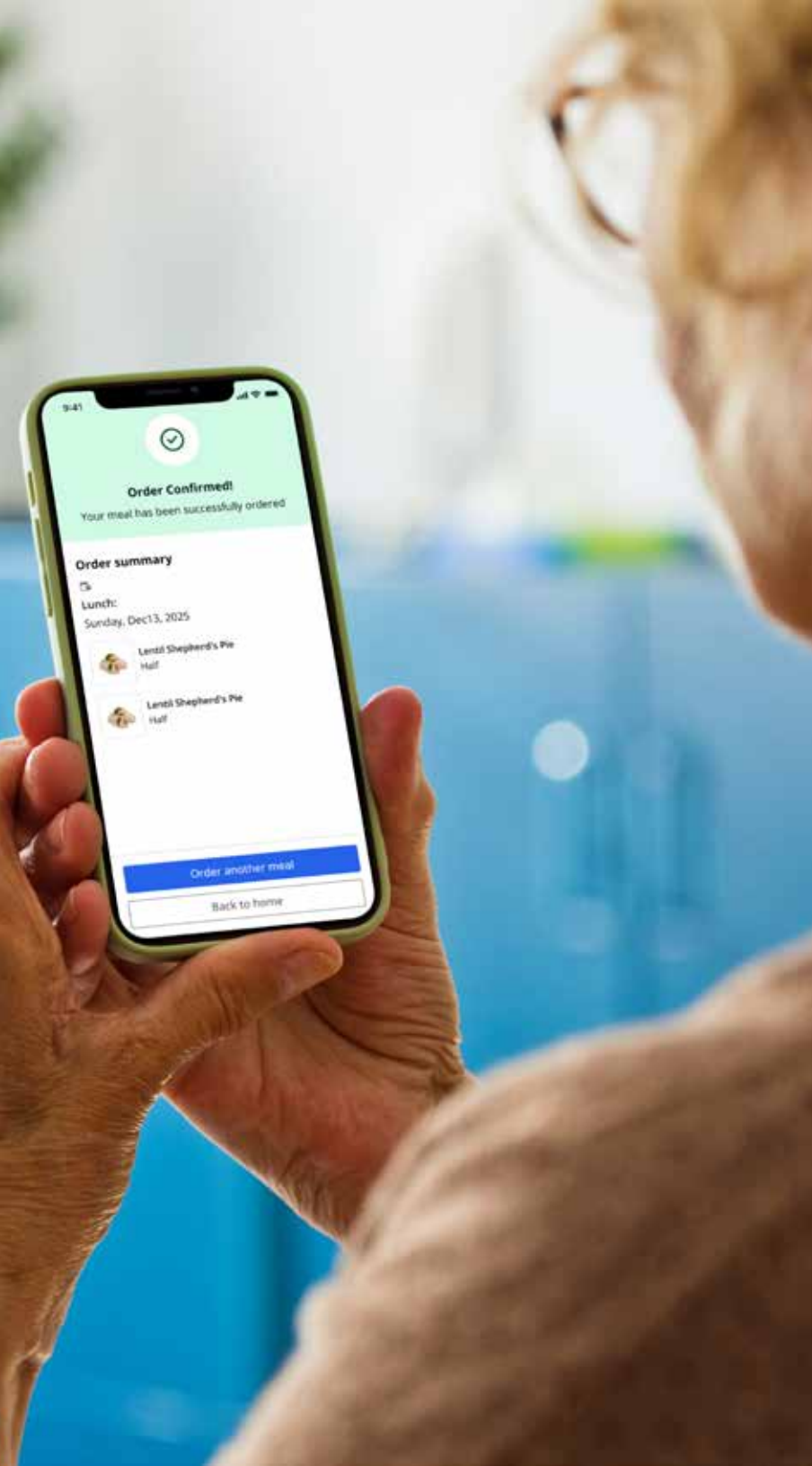
Automate menu planning tasks to help improve productivity, support resident satisfaction, meet unique dietary needs, and reduce reliance on third-party menus.

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Bring flexibility to resident ordering

MealTracker Online Ordering is designed to fit your current workflows while allowing residents to easily choose meals they love and helping teams support dietary accuracy and clinical compliance.

- > Allow for a smoother and more consistent mealtime experience
- > Enable anytime, anywhere ordering for residents and families
- > Accommodate resident food preferences while supporting dietary requirements
- > Support fewer manual errors and help save staff time
- > Offer easy adoption through direct integration with MealTracker's existing profile details and tray-ticket processes
- > Maximize visibility into preferences, production, satisfaction, and food waste





Greater time-savings through automation

Integrate resident nutritional data directly from your EHR.

- > Link resident nutrition details through real-time integration
- > Minimize dual data entry and manual transcription to save staff up to an hour a day
- > Enable better accuracy through critical data matching between your EHR and MealTracker
- > Share diet details automatically to help reduce delays, flag potential food allergy conflicts, and support weight monitoring



Stronger reimbursement support under PDPM

Manage the key areas of resident care to help avoid missed revenue opportunities.

- > Generate concise and accurate reports quickly to help ensure compliance with dietary orders
- > Check for therapeutic or mechanically altered diets
- > Capture key information for reimbursement using itemized features for swallowing problems, enteral feeding, diabetic diets, and malnutrition



Better control of food cost and waste

Daily production guides detail usage to help reduce waste, manage food costs, and control purchasing.

- > Leverage exact-count production sheets
- > Get detailed shopping lists
- > Access food item usage reports

The shopping and inventory feature highlights daily purchasing needs, calculates required quantities, and compares them against your current inventory, supporting better decision making. Food costing tools are available by daily or weekly menu or by individual food item.

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Bring more consistency, accuracy, and efficiency to resident-centered dining and nutrition management.

Contact us at 866.469.3766 or visit matrixcare.com/mealtracker to get started.

